



newsletter

2024 MEETING SCHEDULE

Due to the Covid-19 pandemic, all ABCPSR, Inc. Executive/Advisory and Committee Meetings will be held via conference call until further notice. Meetings begin at 10:00 a.m.

September 9, 2024

Executive/Advisory/Committee Meeting/In-Person Meeting

October 14, 2024

ABCPSR Annual Fall Business Meeting
Baltimore Polytechnic High School

October 26, 2024

ABCPSR 75th Anniversary Celebration
11:00 a.m. until 3:00 p.m.
Forum Caterers
4210 Primrose Avenue
Baltimore, MD 21215

November 18, 2024

Executive/Advisory/Committee Meeting/Conference Call

December 9, 2024

Executive/Advisory/Committee Meeting/Conference Call

Please call Patrycia Pickett, President at 410-900-6781 if you have any questions. If there are any changes you will be notified.

Check our website:
www.ABCPSR.org for updates.

President's Message

Greetings,

As we prepare for this upcoming school year, ABCPSR, Inc. will be having two "meetings" this October. The first will be our Annual Fall Business Meeting (normally held as a luncheon at the Forum Caterers). This business meeting will be held at Baltimore Polytechnic Institute on Monday, October 14, 2024, 10:00 a.m. until 12:00 p.m. More information is enclosed.

Our second "meeting" will be a celebration. We are elated to be celebrating 75 years of existence of the Association of Baltimore City Public School Retirees, Inc., aka ABCPSR, INC. (formerly "The Retired Teachers Association"). We hope you will plan to join us on Saturday, October 26, 2024, from 11:00 a.m. until 3:00 p.m., for our celebration which includes a 90 minute Brunch Buffet. Registration information is enclosed.

Surprise me, bring a current member or a new member, family, and or friends with you. The donation is only \$50. Applications for membership will be available.

Can't attend? Feel free to make a tax deductible donation, in any amount, to our endowment fund at the Baltimore Community Foundation. We currently use the Baltimore Community Foundation for one of our Annual High School Scholarships. The link for the fund donation website is: <https://bcf.org/fund/abcpsr/>

Please stay hydrated during heat spells. Let us hear any ideas you have to keep in touch and exercise. Please take care of yourselves.

Hope to see you soon,

Patrycia E. Pickett



IMPORTANT NOTICE

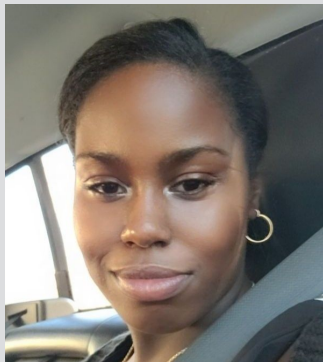
The ABCPSR Annual Fall Business Meeting
(normally held as a luncheon/business meeting
at the Forum Caterers)
will be held on:

Monday, October 14, 2024
10:00 a.m. - 12:00 p.m.

Baltimore Polytechnic Institute High School
1400 West Cold Spring Lane
Baltimore, MD 21209

Registration will be in Room 111.
The meeting will take place in the Lecture Hall.
Refreshments will be provided.
We hope to see you there!
Please respond to reserve your seat!

Please RSVP by October 1, 2024
to Patrycia Pickett, President,
at pepmxz1971@aol.com



ABCPSR SCHOLARSHIP RECIPIENT 2024-2025

Hello, my name is Dana Marshall. My hobbies are both reading and writing fiction and poetry. I've decided to attend Coppin State University in Fall 2024. My chosen major is Elementary Education. I feel this scholarship will help me by making paying for college a little less of a hassle. Thank you ABCPSR for awarding me this scholarship.

- Jeremiah 29:11

MRSPA Automatic Annual Dues Deduction

MRSPA annual dues increased \$5 from \$45 to \$50 annually, effective July 1, 2024. This change was agreed upon by the delegates at the 2023 Annual Business Meeting. If you have dues deduction, the automatic payment of \$65 (\$50 state, and \$15 local) was deducted from your July 31, 2024 pension check/deposit. Members who pay by check or credit card should have received their annual billing notice by the U.S. Mail or via email in late June/early July. A final billing notice is sent to those who remain unpaid in August.



Association of Baltimore City Public School Retirees, Inc.
75th Anniversary Celebration

Join the Association of Baltimore City Public School Retirees, Inc., (ABCPSR), (formerly the “Retired Teachers Assn.”) as we celebrate *75 years of service* protecting the retirement benefits and promoting the well-being of retired school personnel.

Saturday, October 26, 2024

11:00 a.m. until 3:00 p.m.

The Forum Caterers, 4210 Primrose Avenue, Baltimore, MD 21215

90 Minute Brunch Buffet

MENU: Chilled Juices, Sliced Seasonal Fruit, Pastries, Scrambled Eggs with Grated Cheddar Cheese, Baked Cinnamon Apples, French Toast, Home Fried Potatoes, Turkey Sausage Links, Crispy Bacon, Southern Style Green Beans, Fried Chicken, Coffee and Speciality Teas.

\$50.00 Donation

MAKE CHECKS PAYABLE TO: ASSOCIATION OF BALTIMORE CITY PUBLIC SCHOOL RETIREES, INC. or (ABCPSR). DEADLINE FOR RESERVATIONS: OCTOBER 12, 2024.

Send check(s) with Reservation Form to: **Dorothy Glasco-Jones, 202 Oak Leaf Way, Baltimore, MD 21227, Phone: (410)536-5715.**

Contact Name _____

Phone _____

Name(s)

1.	5.
2.	6.
3.	7.
4.	8.

BALTIMORE CITY RECREATION & PARKS, SENIOR DIVISION

- Baltimore City Community College Preventive Dental Hygiene Clinic

Free blood pressure screening, x-rays as needed, oral cancer screening, periodontal screening, teeth cleaning and fluoride. All patients will be seen by Baltimore City Community College dental hygiene students.

Call 410-462-7712 to make an appointment.

- “Baltimore City Cancer Program” FREE Colon Cancer Screening

Did you Know?

- ☐ Colon Cancer is the second leading cancer in the U.S.
- ☐ Early Colon Cancer has no symptoms
- ☐ Colon Cancer can be prevented

For more information and program requirements, call 410-328-4673.

- Need a Lawyer?

Senior Legal Services provides vital legal service free of charge to Baltimore City residents aged 60 and over, with priority going to low-income seniors.

They advise and represent clients on a broad range of civil legal matters: pre-suit foreclosures, estate planning and administration, consumer debt collection, housing issues, elder justice.

For more information or to make an appointment, call 410-396-1322.

- 2024 Caregiver Walk

“Baltimore City Health Department”

Come out and meet other caregivers in a fun, relaxing environment. This day is all for you. Take a leisurely walk with your peers, find out about available resources, dance, have fun, enjoy.

Saturday, September 28, 2024

10:00 a.m. - 1:00 p.m.

Canton Water Front Park

3001 Boston Street

Baltimore, MD 21224

Registration is required, call 410-396-1337.

For more information on trips and activities sponsored by Baltimore City Recreation and Parks, Senior Division, contact them at 410-396-2920 for a full schedule of events.

NUTRITION ASSISTANCE PROGRAMS

For low-income families and seniors struggling to purchase enough nutritious food, the SNAP program is a great resource that provides cash assistance or food vouchers to use at grocery stores and farmers markets.

Supplemental Nutrition Assistance Program (SNAP): SNAP provides benefits to eligible individuals and families via an Electronic Benefits Transfer card. This card can be used like a debit card to purchase eligible food in authorized retail food stores. The SNAP program is an excellent way to supplement your family's diet with nutritious foods. Some items covered through the program include fresh fruits and vegetables, meat and poultry, dairy products, and more.

Senior Farmers Market Nutrition Program (SFMNP): The SFMNP program provides low-income seniors with coupons that can be exchanged for fruits, vegetables, honey, and fresh-cut herbs at farmers markets, roadside stands, and community supported agriculture (CSA) programs.

Individuals must be at least 60 years old to qualify. Seniors already receiving SNAP benefits may be automatically eligible.

Check if You Qualify for SFMNP

EAT WELL & SHOP SMART

USDA's MyPlate is an all-in-one tool that can help you make every bite count with nutrition advice and easy, low-cost recipes. The MyPlate app also helps you find deals on food items in your area.

More Resources

Discover more food and nutrition programs on **Benefits.gov**

****Benefits.gov is shutting down in September. USA.gov will be the new resource for government benefits information.***



TUESDAY, NOVEMBER 5, 2024 IS MARYLAND'S GENERAL ELECTION

Please exercise your right to vote! Every vote counts. All registered Maryland voters have the option to either vote in person or to vote by mail. You can request a mail-in ballot online at: vote.md.gov/NeedBallot.

VOTE! VOTE! VOTE! VOTE! VOTE! VOTE!

To vote by mail, you must request a mail-in ballot from the State Board of Elections or your local board. Your request for a mail-in ballot for the Presidential General Election must be submitted as follows:

- To receive your ballot by mail or fax, your request must be received (not just mailed) by Tuesday, October 29, 2024.
- To receive your ballot via the internet, your request must be received by 5 p.m., Friday, November 1, 2024 for a request sent in the mail, or by 11:59 p.m., Friday, November 1, 2024 for a request sent by fax or submitted online.
- The deadline to request a mail-in ballot in person is election day, November 5, 2024 by 8 p.m.

Mail-in ballots must be postmarked or placed in a designated ballot drop box by 8 p.m. on November 5, 2024 for the Presidential General Election.

To vote in person, Marylanders can vote during early voting OR on election day:

- For the 2024 Presidential General Election, early voting will be available from Thursday, October 24, 2024 through Thursday, October 31, 2024 from 7 a.m. to 8 p.m.
- The Presidential General Election day is November 5, 2024 from 7 a.m. to 8 p.m. To vote in person on election day, vote at your assigned polling place.

For more information go to: #MDvotes2024

ASSOCIATION of BALTIMORE CITY

PUBLIC SCHOOL RETIREES, Inc.



ABC
PSR

1400 WEST COLD SPRING LANE • ROOM 111
BALTIMORE, MARYLAND 21209

PRSRT STD
U.S. POSTAGE
PAID
BALTIMORE, MD
PERMIT NO. 1262

Save the Dates!

ABCPSR Fall Luncheon - October 14, 2024
Baltimore Polytechnic High School, 10:00 a.m.
ABCPSR 75th Anniversary Celebration - October 26, 2024
The Forum Caterers, 11:00 a.m.-3:00 p.m.

LUNCHEON CO-CHAIRS

DOROTHY GLASCO-JONES JOYCE WILSON

NEWSLETTER CO-EDITORS

ANNA BOSTON JOYCE WILSON

CHANGE OF ADDRESS NOTICE

(Please Print)

Your Name _____

Previous Address _____

New Address _____

Mail to: Angela Hill, 3320 W. Rogers Ave., Baltimore, MD 21215

MRSPA

The only organization that works to preserve the pensions of
Baltimore City Public School Retirees. Sixty dollars (\$60.00)
covers your membership in MRSPA and ABCPSR.

You may join through dues deduction.

MRSPA: 8379 Piney Orchard Parkway, Odenton, MD 21113
410-551-1517

Current ABCPSR President's contact number: 410-900-6781



RSVP – An Invitation to Serve

Lead With Experience

The Corporation for National and Community Service provides grants to qualified agencies and organizations, including RSVP, for the dual purpose of engaging persons 55 and older in volunteer service to meet critical community needs; and to provide a high quality experience that will enrich the lives of volunteers.

Who Is Eligible for RSVP?

Individuals that are 55 and older, want to serve in
Baltimore City and want to make a difference.

RSVP Volunteer Opportunities

Companionship and Outreach, Mentoring, Health and Other Education,
Helping Seniors Living Independently, Senior Center Programs,
Community Revitalization and Improvement, Disaster Preparedness,
Serving Meals to Seniors, Delivery of Health Care Services,
Food Collection and Distribution, and Marketing and Recruitment.

Benefits of Volunteering

Free volunteer placement, use your experience skills, gain new and marketable skills, supplemental accident and liability insurance, opportunity to meet new people, training opportunities, reimbursement for transportation, recognition and incentives, and the satisfaction of knowing you are making a difference.

**For More Information, Call RSVP 410-361-9400
or Stephanie Ross 410-361-9401**

